

## Worksheet – Distance Acupuncture Level 1

1. What is distance acupuncture?
2. Write the 10 Heavenly Stems
3. Write the 12 Earthly Branches
4. If the patient's Day Master is a Water element, what channels will you use in a Global Balance?
5. If the patient's Day Master is a Fire element, what channels will you use in a Global Balance?
6. If the patient's Day Master is a Wood element, what channels will you use in a Global Balance?
7. If the patient's Day Master is a Metal element, what channels will you use in a Global Balance?
8. If the patient's Day Master is a Earth element, what channels will you use in a Global Balance?
9. Is it important that your patient knows you are about to begin the treatment?
10. Should you do needle manipulations on the AcuModel?